

CUPAR AND DISTRICT SWIMMING CLUB

DISTANCE CHAMPIONSHIP EVENTS 2008

NAME

DATE OF BIRTH

Please tick the box for the events you wish to enter:

NB - age as at 31 December 2008

ENTRY FORMS MUST BE RETURNED TO THE CLUB TABLE

NO LATER THAN SATURDAY 15TH MARCH 2008

Presentations for these events will take place a a later event (details in due course)

200 METRES FREESTYLE

TUESDAY 18th MARCH

Warm Up 6.30pm

12 years and Under

15 years and over

13/14 years

800 METRES FREESTYLE

THURSDAY 20th MARCH

Warm Up 6.00pm

12 years and Under

15 years and over

(Entry at discretion of squad controllers)

13/14 years

INDIVIDUAL MEDLEY

TUESDAY 25th MARCH

Warm Up 6.30pm

10 years and Under

13/14 years

100m - (4 x 25m)

200m - (4 x 50m)

11/12 years

15 years and over

200m - (4 x 50m)

200m - (4 x 50m)

400 METRES FREESTYLE

THURSDAY 27th MARCH

Warm Up 6.00pm

12 years and under

15 years and over

13/14 years

IF YOU ARE IN ANY DOUBT RE ENTERING THE ABOVE EVENTS PLEASE SPEAK TO YOUR SQUAD CONTROLLER WHO WILL BE ABLE TO ADVISE YOU.